Weekly Snack & Lunch Menu

December 2nd-6th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Wheat Thins &	Cheerios &	Cinnamon	Whole Grain	Cooking	
	Fruit	Pears	Greek Yogurt	Cracker & Fruit	Waffles & Milk	
AM Snack			Dip & Apples			
			Toddlers			
	Wheat Thins &	Cheerios &	Cinnamon Greek	Whole Grain	Pancakes &	
	Fruit	Pears	Yogurt Dip &	Cracker & Fruit	Milk	
			Apples			
	Split Pea Soup	Cucumber and	Spaghetti with	Chicken,	Baked Chicken,	
Lunch	with Carrots,	Cream Cheese	Meat Sauce &	Veggies and	Brown Rice,	
	Tortilla,	Sandwich,	Peas, Oranges	Rice Soup,	Green Beans,	
	Melon & Milk	Apples & Milk	& Milk	Oranges & Milk	Melon & Milk	
	Preschool					
	Cheese Cubes &	Fruit & Pita	Fruit &	Yogurt & Melon	Pretzels	
	Pears	Bread	Multi-Grain		& Bananas	
PM Snack			Rice Crackers			
	Toddlers					
	Cheese Cubes &	Fruit & Pita	Fruit &	Yogurt & Melon	Cheerios	
	Pears	Bread	Multi-Grain		& Bananas	
			Wheat Crackers			

December 9th-13th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Chex cereal &	
AM Snack	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs & Milk	Bananas	
			Toddlers			
	Whole Grain	Cube Cheese &	English Muffin	Cheerios & Milk	Chex cereal &	
	Crackers & Fruit	Pita Bread	& Yogurt		Bananas	
	Grilled Cheese	Creamy Tomato	Chicken,	Broccoli with	"Chili Con	
Lunch	Sandwich with	Chicken,	Vegetable, &	Beef & Quinoa	Carne,"	
	Spinach, Apples & Milk	Vegetable & Penne Pasta	Rice/Quinoa Soup,	& Brown Rice, Melon	Broccoli, Oranges & Milk	
	Apples & Willk	Casserole, Pears	Fruit & Milk	& Milk	Oranges & Willk	
		& Milk	Truit & Willik	& Willik		
	Preschool					
	Chex Cereal &	Wheat Thins &	Apples &	Berries, Banana	Greek Yogurt	
DM C	100% Grape	Pears	Pretzels	and Milk	Dip & Carrots	
PM Snack	Juice			Smoothie		
	Toddlers w/Oats					
	Chex Cereal &	Wheat Thins &	Apples & Cereal	Berries, Banana	Greek Yogurt	
	Cottage Cheese	Cottage Cheese	Apples & Cerear	and Milk	Dip & Carrots	
		compe encose		Smoothie	21p & Carrots	
				w/Oats		

Weekly Snack & Lunch Menu

December 16th-20th	Monday	Tuesday	Wednesday	Thursday	Friday	
		-	Preschool	-		
	Wheat Thins	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	& Apples	Pancakes &	&	Cream Cheese &	Apples	
AM Snack		Milk	Herb Greek	Fresh Fruit		
			Yogurt Dip			
			Toddlers			
	Wheat Thins		Cucumber Slices	Bagels with	Pita Bread &	
	&	Pancakes &	&	Cream Cheese &	Apples	
	Apples	Milk	Herb Greek	Fresh Fruit		
			Yogurt Dip			
	Chicken	Quesadillas with	Chicken Quinoa	Baked Chicken,	Meat Lasagna,	
Lunch	Nuggets, Slice	Spinach,	& Veggie Soup,	Brown Rice,	Pears	
	of Wheat Bread,	Apples & Milk	Fruit	Green Beans,	& Milk	
	Sautéed		& Milk	Melon & Milk		
	Broccoli,					
	Oranges & Milk					
	Preschool					
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	& Fruit	Pretzels	Muffin	Rice Crackers	& Fruit	
PM Snack			& Apples	& Bananas		
	Toddlers					
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	&	Whole Grain	Muffin	Crackers	&	
	Fruit	Cracker	& Apples	& Bananas	Fruit	

December 23rd-27th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Cheerios	School Closed	School Closed	School Closed	School Closed	
	& Fresh Fruit	Winter Break	Winter Break	Winter Break	Winter Break	
AM Snack	Toddlers					
	Cheerios	School Closed	School Closed	School Closed	School Closed	
	Fresh Fruit	Winter Break	Winter Break	Winter Break	Winter Break	
	Chicken Soup	School Closed	School Closed	School Closed	School Closed	
	with Rice &	Winter Break	Winter Break	Winter Break	Winter Break	
Lunch	Veggies					
	Pears & Milk					
	Preschool					
	Apples	School Closed	School Closed	School Closed	School Closed	
	&	Winter Break	Winter Break	Winter Break	Winter Break	
PM Snack	Cube Cheese					
	Apples	School Closed	School Closed	School Closed	School Closed	
	&	Winter Break	Winter Break	Winter Break	Winter Break	
	Cube Cheese					

Weekly Snack & Lunch Menu

December 30-Jan. 3rd	Monday	Tuesday	Wednesday	Thursday	Friday	
	Preschool					
	School Closed	School Closed	School Closed	Milk & Kix	Cooking	
	Winter Break	Winter Break	Winter Break	Cereal	Tortilla with	
AM Snack					Butter & Milk	
			Infant & Toddlers			
	School Closed	School Closed	School Closed	Milk & Kix	Tortilla with	
	Winter Break	Winter Break	Winter Break	Cereal	Butter & Milk	
	School Closed	School Closed	School Closed		Beef Soup with	
	Winter Break	Winter Break	Winter Break	Grilled Cheese,	Veggies & Rice,	
Lunch				Melon & Milk	Oranges & Milk	
	Preschool					
	School Closed	School Closed	School Closed	Wheat Thins	Wheat Crackers	
DAG 1	Winter Break	Winter Break	Winter Break	& Fruit	& Pears	
PM Snack Toddlers						
	School Closed	School Closed	School Closed	Wheat Thins	Wheat Crackers	
	Winter Break	Winter Break	Winter Break	& Fruit	& Pears	

January 6th-10th	Monday	Tuesday	Wednesday	Thursday	Friday		
		-	Preschool	-			
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cooking	Pita Bread &		
	Rice Crackers	Milk	English Muffin	Scrambled Eggs	Bananas		
AM Snack	&			& Milk			
	Fruit						
			Toddlers				
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cheerios	Pita Bread &		
	Crackers &	Milk	English Muffin	& Milk	Bananas		
	Fruit						
	Fish Sticks,	Mac n 'Cheese	Beef & Broccoli	Chicken,	Spaghetti, Meat		
	Slice of Wheat	Green Beans	Quesadillas,	Vegetable &	Sauce with Peas,		
Lunch	Bread, Celery	Oranges & Milk	Pears & Milk	Quinoa Soup,	Pears & Milk		
	Sticks with			Oranges & Milk			
	Yogurt Dip						
	Melon & Milk						
		I	Preschool				
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole		
DMC 1	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers		
PM Snack			Smoothie	Cucumber Slices			
	T. 111						
	Toddlers VI 1 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1						
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole		
	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers		
			Smoothie	Cucumber Slices			
	1						

Weekly Snack & Lunch Menu

January 13th-17th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Pears & Wheat	Bagel,	Cooking	Yogurt & Fruit	
	Rice Crackers &	English Muffin	Cream Cheese	Toast with		
AM Snack	Melon		& Fresh Fruit	Butter &		
				Pears		
			Toddlers			
	Multi-Grain	Pears & Wheat	Bagel,	Toast with	Yogurt & Fruit	
	Crackers &	English Muffin	Cream Cheese	Butter &		
	Melon		& Fresh Fruit	Pears		
	Turkey and	Split Pea Soup	Baked Chicken,	"Chili Con	Meat Lasagna,	
Lunch	Cheese	with Carrots,	Mashed	Carne,"	Oranges & Milk	
	Sandwich,	Pears & Milk	Potatoes, Mixed	Broccoli,		
	Carrots with		Veggies, Melon	Oranges & Milk		
	Yogurt Dip,		& Milk			
	Apples & Milk					
	Preschool					
	Chex Cereal &	Cheese Cubes &	Wheat Thins	Herb Greek	Pretzels & Pears	
	Bananas	Pretzels	& Fruit	Yogurt Dip &		
PM Snack				Carrots		
	Infant & Toddlers					
	Chex Cereal &	Cheese Cubes &	Wheat Thins	Herb Greek	Wheat Crackers	
	Bananas	Whole Grain	& Fruit	Yogurt Dip &	& Pears	
		Crackers		Carrots		

January 20th-24th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	School Closed	Cheerios &	Cooking	Cereal	Wheat Thins	
	Holiday	Apples	Oatmeal & Milk	& Pears	& Fruit	
AM Snack			Toddlers			
	School Closed	Cheerios &		Cereal	Wheat Thins	
	Holiday	Apples	Oatmeal & Milk	& Pears	& Fruit	
	School Closed	Lentil Soup with	Meat Loaf	Baked Chicken,	Penne Pasta,	
Lunch	Holiday	Carrots, Tortilla,	Brown Rice with	Mashed	Beef, Peas with	
		Pears & Milk	Broccoli, Melon	Potatoes,	Tomato Sauce,	
			& Milk	Mixed	Apples	
				Vegetables,	& Milk	
				Oranges & Milk		
	Preschool					
	School Closed	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &	
	Holiday	Muffin & Cream	Cinnamon Dip		Cheese	
PM Snack		Cheese	& Apples			
	Infant & Toddlers					
	School Closed	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain	
	Holiday	Muffin & Cream	Cinnamon Dip		Crackers &	
		Cheese	& Apples		Cheese	