Edgewater Preschool

Weekly Snack & Lunch Menu

		Th. 1					
		Preschool					
nıns &	Cheerios &	Cooking	Whole Grain	SCHOOL			
it	Pears	Waffles & Milk	Cracker & Fruit	CLOSED			
		Toddlers					
nins &	Cheerios &	Pancakes &	Whole Grain	SCHOOL			
it	Pears	Milk	Cracker & Fruit	CLOSED			
Soup	Cucumber and	Spaghetti with	Chicken,				
rrots, (Cream Cheese	Meat Sauce &	Veggies and	SCHOOL			
lla,	Sandwich,	Peas, Oranges	Rice Soup,	CLOSED			
Milk A	Apples & Milk	& Milk	Oranges & Milk				
Preschool							
ubes &	Fruit & Pita	Fruit & Multi-	Yogurt & Melon				
rs	Bread	Grain Rice		SCHOOL			
		Crackers		CLOSED			
Toddlore							
uhaa P	Emit & Dita		Vacuut & Malan	SCHOOL			
			1 oguit & Meion	CLOSED			
.5	Dieau			CLUSED			
iii aa a iil &	arrots,	Chins & Cheerios & Pears Chins & Cheerios & Pears a Soup Cucumber and Cream Cheese Sandwich, Apples & Milk Cubes & Fruit & Pita Bread Cubes & Fruit & Pita	Toddlers Chins & Cheerios & Pancakes & Milk Bears Milk A Soup Cucumber and Cream Cheese Illa, Sandwich, Peas, Oranges Illa, Apples & Milk Cubes & Fruit & Pita Bread Fruit & Multi- Cubes & Fruit & Pita Toddlers Cubes & Fruit & Pita Cubes & Fruit & Pita Toddlers Cubes & Fruit & Pita Fruit & Multi- Toddlers	Toddlers Thins & Cheerios & Pancakes & Whole Grain Cracker & Fruit a Soup Cucumber and Cream Cheese Clila, Sandwich, Apples & Milk Thins & Cream Cheese Clila, Sandwich, Apples & Milk Thins & Cheerios & Pancakes & Whole Grain Cracker & Fruit A Soup Cucumber and Cream Cheese Meat Sauce & Veggies and Rice Soup, Oranges & Milk Thirs Pears Milk Apples & Milk Thirs Preschool Thirs Pruit & Pita Grain Rice Crackers Toddlers Toddlers Toddlers Toddlers Toddlers Toddlers Toddlers Toddlers			

Aug 19 th – Aug 23 rd	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Whole Grain	Cube Cheese &	English Muffin	Cooking	Chex cereal &		
AM Consuls	Crackers & Fruit	Pita Bread	& Yogurt	Scrambled Eggs	Bananas		
AM Snack			75. 1.11	& Milk			
			Toddlers	T			
	Whole Grain	Cube Cheese &	English Muffin	Cheerios & Milk	Chex cereal &		
	Crackers & Fruit	Pita Bread	& Yogurt		Bananas		
	Grilled Cheese	Creamy Tomato	Chicken,	Broccoli with	"Chili Con		
Lunch	Sandwich with	Chicken,	Vegetable, &	Beef & Quinoa	Carne,"		
	Spinach,	Vegetable &	Rice/Quinoa	& Brown Rice,	Broccoli,		
	Apples & Milk	Penne Pasta	Soup,	Melon	Oranges & Milk		
		Casserole, Pears	Fruit & Milk	& Milk			
		& Milk					
	Preschool						
	Chex Cereal &	Wheat Thins &	Apples &	Berries, Banana	Greek Yogurt		
	100% Grape	Pears	Pretzels	and Milk	Dip & Carrots		
PM Snack	Juice			Smoothie			
				w/Oats			
	Toddlers						
	Chex Cereal &	Wheat Thins &	Apples & Cereal	Berries, Banana	Greek Yogurt		
	Cottage Cheese	Cottage Cheese		and Milk	Dip & Carrots		
				Smoothie			
				w/Oats			

Edgewater Preschool

Weekly Snack & Lunch Menu

Aug 26 th – Aug 30 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Wheat Thins	Cooking	Cucumber Slices	Bagels with	Pita Bread &	
	& Apples	Pancakes &	&	Cream Cheese &	Apples	
AM Snack		Milk	Herb Greek	Fresh Fruit		
			Yogurt Dip			
			Toddlers			
	Wheat Thins		Cucumber Slices	Bagels with	Pita Bread &	
	&	Pancakes &	&	Cream Cheese &	Apples	
	Apples	Milk	Herb Greek	Fresh Fruit		
			Yogurt Dip			
	Chicken	Quesadillas with	Chicken Quinoa	Baked Chicken,	Meat Lasagna,	
Lunch	Nuggets, Slice	Spinach,	& Veggie Soup,	Brown Rice,	Pears	
	of Wheat Bread,	Apples & Milk	Fruit	Green Beans,	& Milk	
	Sautéed		& Milk	Melon & Milk		
	Broccoli,					
	Oranges & Milk					
	Preschool					
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	& Fruit	Pretzels	Muffin	Rice Crackers	& Fruit	
PM Snack			& Apples	& Bananas		
	Toddlers					
	Kix Cereal	Cube Cheese &	Wheat English	Multi-Grain	Yogurt	
	&	Whole Grain	Muffin	Crackers	&	
	Fruit	Cracker	& Apples	& Bananas	Fruit	

Sept 2 nd – Sept 6 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	SCHOOL	Cereal & Fruit	Cooking	Cheese Cubes &	Wheat Thins &	
	CLOSED		Quesadilla	Apples	Milk	
AM Snack	Toddlers					
	SCHOOL	Cereal & Fruit		Cheese Cubes &	Wheat Thins	
	CLOSED		Quesadilla	Apples	& Milk	
		Lentil Soup with	Ground Beef	Vegetable, Beef	Mac & Cheese,	
	SCHOOL	Carrots, Tortilla,	with Broccoli &	and Rice/Quinoa	Peas & Carrots,	
Lunch	CLOSED	Pears & Milk	Quinoa &	Soup, Oranges	Melon & Milk	
			Brown Rice,	& Milk		
			Oranges & Milk			
			Preschool			
		Cheerios &	Whole Grain	Pita Bread	Wheat English	
	SCHOOL	Bananas	Crackers	With Cream	Muffin	
PM Snack	CLOSED		&	Cheese	&	
			Apples		Pears	
	Toddlers					
		Cheerios &	Whole Grain	Pita Bread	Wheat English	
	SCHOOL	Bananas	Crackers	With Cream	Muffin	
	CLOSED		&	Cheese	&	
			Apples		Pears	

Weekly Snack & Lunch Menu

Sept 9 th – Sept 13 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Chex Cereal &	Cheese &	Herb Greek	Milk & Kix	Cooking	
	Apples	Crackers	Yogurt Dip &	Cereal	Tortilla with	
AM Snack			Carrots		Butter & Milk	
			Infant & Toddlers			
	Chex Cereal &	Cheese &	Herb Greek	Milk & Kix	Tortilla with	
	Apples	Crackers	Yogurt Dip &	Cereal	Butter & Milk	
			Carrots			
	Turkey &	Baked Chicken,	"Chili Con	Meat Lasagna,	Chicken,	
	Spinach Grilled	Brown Rice with	Carne" Broccoli,	Oranges & Milk	Vegetables and	
Lunch	Cheese	Peas, Pears &	Oranges & Milk		Quinoa &	
	Sandwich, Fruit	Milk			Brown Rice	
	& Milk				Casserole	
					Melon & Milk	
	Preschool					
	Whole Grain	Pretzels &	Apples &	Wheat Thins	Cube Cheese &	
	Cracker & 100%	Bananas	Cheerios	& Fruit	Pears	
PM Snack	Pineapple Juice					
			Toddlers			
	Whole Grain	Cheerios &	Apples &	Wheat Thins	Cottage Cheese	
	Cracker &	Bananas	Cheerios	& Fruit	& Pears	
	Cottage Cheese					

Sept 16 th – Sept 20 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cooking	Pita Bread &	
	Rice Crackers	Milk	English Muffin	Scrambled Eggs	Bananas	
AM Snack	&			& Milk		
	Fruit					
			Toddlers			
	Multi-Grain	Chex Cereal &	Apples & Wheat	Cheerios	Pita Bread &	
	Crackers &	Milk	English Muffin	& Milk	Bananas	
	Fruit		-			
	Fish Sticks,	Mac n 'Cheese	Beef & Broccoli	Chicken,	Spaghetti, Meat	
	Slice of Wheat	Green Beans	Quesadillas,	Vegetable &	Sauce with Peas,	
Lunch	Bread, Celery	Oranges & Milk	Pears & Milk	Quinoa Soup,	Pears & Milk	
	Sticks with			Oranges & Milk		
	Yogurt Dip					
	Melon & Milk					
			Preschool			
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers	
PM Snack			Smoothie	Cucumber Slices		
	Toddlers					
	Cheese &	Cereal & Apples	Berries, Banana,	Herb Greek	Yogurt & Whole	
	Cheerios		Oats and Milk	Yogurt Dip &	Grain Crackers	
			Smoothie	Cucumber Slices		

Edgewater Preschool

Weekly Snack & Lunch Menu

Sept 23 rd – Sept 27 th	Monday	Tuesday	Wednesday	Thursday	Friday	
			Preschool			
	Multi-Grain	Pears & Wheat	Bagel,	Cooking	Yogurt & Fruit	
	Rice Crackers &	English Muffin	Cream Cheese	Toast with		
AM Snack	Melon		& Fresh Fruit	Butter &		
				Pears		
			Toddlers			
	Multi-Grain	Pears & Wheat	Bagel,	Toast with	Yogurt & Fruit	
	Crackers &	English Muffin	Cream Cheese	Butter &		
	Melon		& Fresh Fruit	Pears		
	Turkey and	Split Pea Soup	Baked Chicken,	"Chili Con	Meat Lasagna,	
Lunch	Cheese	with Carrots,	Mashed	Carne,"	Oranges & Milk	
	Sandwich,	Pears & Milk	Potatoes, Mixed	Broccoli,		
	Carrots with		Veggies, Melon	Oranges & Milk		
	Yogurt Dip,		& Milk			
	Apples & Milk					
	Preschool					
	Chex Cereal &	Cheese Cubes &	Wheat Thins	Herb Greek	Pretzels & Pears	
	Bananas	Pretzels	& Fruit	Yogurt Dip &		
PM Snack				Carrots		
	Infant & Toddlers					
	Chex Cereal &	Cheese Cubes &	Wheat Thins	Herb Greek	Wheat Crackers	
	Bananas	Whole Grain	& Fruit	Yogurt Dip &	& Pears	
		Crackers		Carrots		

Sept 30 th – Oct 4 th	Monday	Tuesday	Wednesday	Thursday	Friday		
			Preschool				
	Kix Cereal	Cheerios &	Cooking	Cereal	Wheat Thins		
	&	Apples	Oatmeal & Milk	& Pears	& Fruit		
AM Snack	Fresh Fruit						
	Toddlers						
	Kix Cereal	Cheerios &		Cereal	Wheat Thins		
	&	Apples	Oatmeal & Milk	& Pears	& Fruit		
	Cottage Cheese						
	Chicken	Lentil Soup with	Meat Loaf	Baked Chicken,	Penne Pasta,		
Lunch	Nuggets, Slice	Carrots, Tortilla,	Brown Rice with	Mashed	Beef, Peas with		
	of Wheat Bread,	Pears & Milk	Broccoli, Melon	Potatoes,	Tomato Sauce,		
	Celery Sticks		& Milk	Mixed	Apples		
	with Yogurt Dip,			Vegetables,	& Milk		
	Oranges & Milk			Oranges & Milk			
		Preschool					
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Pretzels &		
	Crackers & Fruit	Muffin & Cream	Cinnamon Dip		Cheese		
PM Snack		Cheese	& Apples				
			Infant & Toddlers				
	Whole Grain	Wheat English	Greek Yogurt	Banana & Milk	Whole Grain		
	Crackers & Fruit	Muffin & Cream	Cinnamon Dip		Crackers &		
		Cheese	& Apples		Cheese		